

An artistic illustration of a person with long, light-colored hair, screaming with their mouth wide open and hands pressed against their ears. They are positioned behind a dark, heavily cracked and shattered surface, resembling broken glass or a window. The background is a dark, moody blue with some lighter, hazy areas. The overall tone is one of intense emotional distress or mental anguish.

BREAK THE SILENCE

Artwork by Finn

It Starts with YOU.

We asked young people to express their thoughts about family violence through art and writing.
This is what they had to say:

HEAR ME. SEE ME. RESPECT ME.

EVERYONE HAS THE RIGHT TO FEEL SAFE WITH THEIR PARTNERS OR FAMILY,
REGARDLESS OF THEIR AGE, GENDER, SEXUAL IDENTITY, CULTURAL BACKGROUND,
ABILITY, RELIGION, WEALTH, STATUS OR LOCATION.

Break the silence to receive confidential advice or support, by calling:

Kids Helpline (up to age 25)	1800 55 1800 (anytime)
1800RESPECT	1800 737 732 or for an interpreter 13 14 50 (anytime)
Sexual Assault Crisis Line (SACL)	1800 806 292

Supported by the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.

