



SPEND

YOUR

TIME

IN NEW

WAYS

Take a break  
from gambling.

Spend your time in the  
garden, pottering with  
indoor plants or just  
enjoying time outdoors.



ALL-IN

Everyone in Ballarat  
Has a Role to Play  
in Preventing  
Gambling Harm

[www.bchc.org.au/service/all-in-gambling/](http://www.bchc.org.au/service/all-in-gambling/)