

COVID-19 LOCKDOWN: Key messages for refugee & migrant communities

FREE TESTING @ LUCAS COMMUNITY HUB: By appointment only - (03) 4311 1571

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If you have any symptoms, no matter how mild, get tested (symptoms include cough, fever, sore throat, shortness of breath, loss of smell or taste).

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If you or a loved one need help to arrange an appointment or fill out paperwork, talk to your refugee/migrant health worker or call BCH (03) 5338 4500 or Ballarat Regional Multicultural Council (03) 5383 0613 for more information.

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Do not visit Melbourne - it is in lockdown. Only enter the lockdown areas if you:

- study or work in Melbourne and cannot do this work or study from home
- have healthcare or medical reasons to enter those areas, or you are caring for others in those places and nobody else can care for them.

Suburbs close to Ballarat are part of this lockdown, including: Melton, Werribee, Deer Park, Sunshine, Footscray, Broadmeadows, Caroline Springs, Sunbury, Sydenham and many more. It is not okay to visit these places until further advised by the Premier.

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Safety is everybody's responsibility. Take care to

- wash and sanitise hands regularly
- maintain physical distancing and stay 1.5 metres from others
- stay at home if we are unwell, even with just mild symptoms
- get tested if you have symptoms (cough, fever, sore throat, shortness of breath, loss of smell or taste).





Instagram tiles



IF YOU HAVE ANY OF THESE SYMPTOMS:
GET TESTED



DO NOT ENTER LOCKDOWN AREAS



SAFETY IS EVERYBODY'S
RESPONSIBILITY



Facebook tiles

ANY SYMPTOMS, GET TESTED!



.....Fever, chills or sweats



Cough



.....Sore throat



Shortness of breath

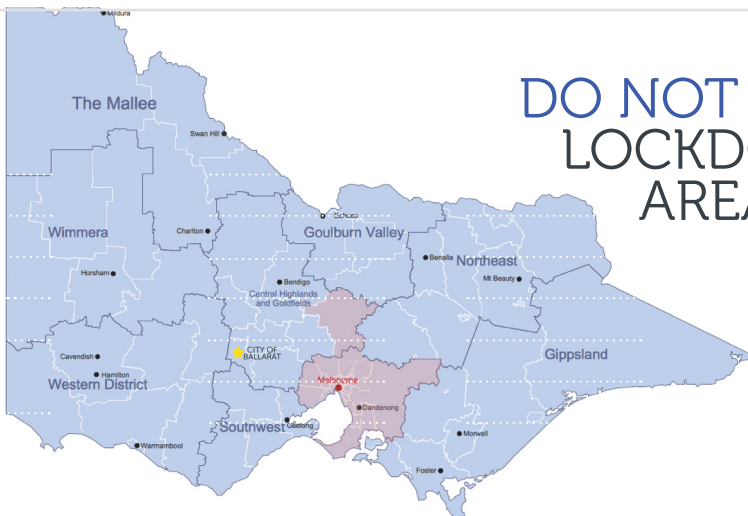


.....Runny nose



Loss of smell or taste

IF YOU HAVE
ANY OF THESE
SYMPTOMS: GET
TESTED



DO NOT ENTER
LOCKDOWN
AREAS

DO NOT ENTER
LOCKDOWN
AREAS

SAFETY IS EVERYBODY'S RESPONSIBILITY



Wash your
hands



Maintain
physical
distancing
(1.5 metres)



If you're sick,
stay at home

SAFETY IS
EVERYBODY'S
RESPONSIBILITY